

A.G. Retest Hair Analysis Comparison

Hair analysis retest was performed after client completed detox protocol and was on maintenance program.

The following is a table of the values of the hair analyses and the interpretation.

Mineral/ Metal	Pre-value	Post-value	Interpretation
Calcium	59	101	Level increased due to movement of metals & displacement of Calcium
Magnesium	4.0	8.0	Level increased with elimination and displacement by metals
Iron	0.5	0.9	Level increased due to release from deep implantation
Copper	2.4	1.5	Level decreased with elimination of metal
Lead	0.1	0.030	Level decrease due to elimination
Mercury	0.06	0.035	Level decreased due to elimination
Cadmium	.001	.002	Level increased due to release from deep implantation*
Aluminum	0.5	0.42	Level decreased due to elimination & release
Nickel	.01	.027	Level increased due to release from deep implantation *
Manganese	.013	.018	Level increased due to release from implantation*

*These heavy metals, which were deeply implanted, show an increase in levels as they are pulled out of those areas and are available for release from the body.

The mineral ratios also revealed dramatic improvement.

Mineral Ratio	Pre-value	Post-value	Interpretation
Calcium/Magnesium	14.75	12.63	Decreased and improved
Sodium/Magnesium	8.75	3.50	Dramatic inversion and improvement. Movement from excessive adrenal activity to mildly sluggish indicating a more parasympathetic, reparative state.
Sodium/Potassium	5.00	2.55	Excellent, dramatic improvement indicating an increased in vitality, reduced inflammation, better adrenal, kidney, and liver function.

The ratios also reflect that her oxidation or metabolic rate slowed to a more reparative state and subjectively she feels much healthier, calmer, and has a lot more energy. Additionally the client lost weight and inches on the program.

These values are excellent examples of a gentle detox protocol that works. The client still follows her diet and uses the sauna regularly. Her lifestyle changes are proving to be key in her overall improvement of health and well-being.